



## PAMLICO COUNTY EMERGENCY SERVICES

### Pamlico County COVID-19

#### Case Updates

April 20<sup>th</sup>, 2020 14:00 Hours

The one (1) current active positive COVID-19 Case in Pamlico County has been deemed by Public Health officials as **RECOVERED** and are off required isolation measures. The criteria for release for Isolation and Quarantine of confirmed or suspected cases is as follows:

- Patient has been on Isolation for seven days with improving symptoms and without fever for at least 72 hours or greater without using fever reducing medicine or
- Patient has absent of fever (without fever reducing medication) improvement of respiratory symptoms, and 2 negative test results conducted on specimens collected at least 24 hours apart.

The recovered patient is now able to continue with daily functions. This positive case of COVID-19 was determined to be related with direct contact of other positive COVID-19 person(s). Contact tracing conducted by Pamlico County Health Department produced no public exposure from these cases.

Pamlico County at this time has no new Positive cases, Zero (0) **ACTIVE** Cases in Isolation, and Six (6) cases listed as **RECOVERED**.

We encourage all citizens not only locally but state and nationwide to assist with flattening the COVID-19 positive curve by practicing social distancing, personal hygiene, virtual means and methods of communications, and continue to follow recommendations and guidelines from Official Local, State and National Sources.



Chris Murray, Director

